

# Drug & Alcohol Rehab in Sittingbourne

## [Drug & Alcohol Rehab in Sittingbourne - Rehab 4 Addiction](#)

If you have been trying unsuccessfully to stop drinking or taking drugs you're probably at the end of your tether. Unfortunately, the feeling of being overwhelmed and not knowing what to do can lead straight back to the behaviour you want to stop.

There comes a point in every person's life where support is needed. It's the same for a person who has an addiction. Being ready to accept support to change your life is a huge and positive step. The first thing to do is consider your treatment options.

### Free Addiction Assessment

Book a FREE Confidential Assessment at your Nearest Rehab Centre.

 **0800 140 4690**

**BOOK NOW**